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About the project

Erasmus+ sports project "Joy in Sports" promote inclusion, enthusiasm and joy in sports across the Europe. Project strengthens the ties between sports organisations, clubs, athletes, children, parents, and everyone involved in sports.

In addition, the project develops new methods for coaches and practices using concrete educational tools, new art-based methods, variable motor skills exercises to form novel supportive training program. Most importantly, keep children in sports and enjoy sports.

[Read more](#)

Partners meeting in Tallinn in September 2025

Partners of the Erasmus+ Sport project JOY in SPORTS met in Tallinn on 17–18 September 2025 to launch the project's implementation phase. Sport- and art-based activities are now being piloted in Finland, Turkey, Portugal, Poland and Estonia, combining physical exercises with inclusive methods such as Forum Theatre and the VIP model.

Approximately 30 pilots will be completed by the end of the year, with initial insights already contributing to the development of a **digital Coaches Educational Pack**. The project also continues its dissemination efforts to ensure that emerging findings and practical tools reach coaches, youth workers and policymakers **across Europe**.

[Read more](#)

What We've Done and What's Next?



Education Pack 1.0 Pilots Bring Joy, Creativity and Stronger Teams

The JOY in Sport project has successfully completed the piloting of **Education Pack 1.0 in Türkiye, Portugal and Estonia, with inspiring results**. By combining sport with art-based activities, the pilots showed how creativity can strengthen motivation, inclusion and team spirit among young athletes.

In **Türkiye**, athletes emphasized friendship and teamwork, seeing sport as a space for connection and growth. **Portugal's** pilots stood out for their high energy and creative self-expression, while in **Estonia** the activities strengthened friendships and a strong sense of team belonging.

Across all three countries, the pilots confirmed that art-based learning can deepen engagement, strengthen team bonds and support young athletes' well-being, proving once again that sport, when combined with joy and creativity, can be a powerful driver of inclusion.

[Read more](#)

Coaches educational pack 2.0

During the next stage, the project partners will create a comprehensive educational pack for external use, known as the **WP4 Coaches Education Pack 2.0**. This resource is aimed at sports coaches, team leaders, volunteers, and youth workers, offering practical guidance and knowledge to help them engage young people in inclusive, enjoyable, and meaningful sports activities. The pack will support their professional growth by combining theory with hands-on strategies for working with youth.

Designed as a **digital tool e-portfolio**, the pack will feature interactive elements such as hashtags, curated links, collaborative wiki spaces for sharing best practices, and options for commenting and blogging. The educational pack is planned to be completed in 2026.

[Read more](#)



Summary

The "Joy in Sports" project is advancing steadily, with important milestones already achieved.

Project deliverables have been published in English and are openly accessible, ensuring wide visibility and transparency.

Partners

Project's leading partner: [INNOCAMP PL](#)

Partners:

[Turun ammattikorkeakoulu](#);

[Cister Sport de Alcobaça](#);

[Yalova Ortopedikler Spor Kulübü](#)

All public outputs and results are available on the official [website](#) and please visit our website [blog](#), where you can share your opinions and suggestions with us.

The next partners' meeting will take place on **11–12 March 2026 in Alcobaça, Portugal**, hosted by Cister Sport de Alcobaça. The meeting **will focus** on reviewing and consolidating project results, finalising WP4 Education Pack 2.0, and beginning the drafting of the final White Paper as the **project moves toward its closing phase by the end of the year 2026.**

[Turun Toverit RY](#)

[Spordikoolituse ja -Teabe SA](#)

Associated Partners:

[Akademia Wychowania Fizycznego I](#)

[Sportu Im Jed PI](#)

[Lounais-suomen Liikunta Ja Urheilu Ry](#)

[Suomen Olympiakomitea Ry](#)

[Türkiye Bedensel Engelliler Spor](#)

[Federasyonu](#)

[Yalova University](#)



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