

Email not displaying correctly? [View it in your browser.](#)



## About the project

**Erasmus+ sports project "Joy in Sports" promote inclusion, enthusiasm and joy in sports across the Europe.** Project strengthens the ties between sports organisations, clubs, athletes, children, parents, and everyone involved in sports.

**In addition,** the project develops new methods for coaches and practices using concrete educational tools , new art-based methods, variable motor skills exercises to form novel supportive training program. Most importantly, keep children in sports and enjoy sports.

[Read more](#)

## Main developments

In the preparation phase (**WP2 – Mapping and development of inclusive sport and art-based practices**), a detailed conditions analysis was conducted.

**Art-based functional training methods were collected and combined with suitable physical exercise methods** in order to pilot the selected approaches and activities in WP3. A list of chosen methods and activities was summarised and described **in detail—this formed the Coaches Educational Pack 1.0** (the version to be tested)

[Read more](#) about **Educational Pack 1.0**

## What are the next activities?



## Piloting the combination of sport and art based activities

In the implementation phase (**WP3 Piloting the combination of sport and art-based activities**) we are now piloting the sport and art-based activities to find the most effective methods in Finland, Turkey, Portugal and Poland.

Piloting work began during the first half of 2025 and will last to the end of 2025. Up until now we have reached with our piloting activities over **500 children in 28 pilots**.

Here, the information from WP2 is combined to form different combinatorial methods of art and physical exercises, providing the testing grounds for approaches such as Forum theatre and the VIP-model.

[Read more TUAS article](#) about the Forum Theatre method and take a look [blog](#)



### Summary

The "Joy in Sports" project is progressing successfully.

Deliverables have been made publicly available in English, ensuring transparency and accessibility.

The website contains all public materials and findings produced throughout the Joy project: <https://joyinsports.com/work-packages/>

The next partners' meeting will take place on **17–18 September 2025 in Tallinn**, hosted by EFSEI. Partners will gather to reflect on progress and to plan the next phase of the project.

## Coaches educational pack 2.0

Further in implementation, partners will produce the final, ready to be used outside the consortium **education pack (WP4 Coaches education pack)**. Its aim is to provide sport coaches, team leaders, volunteers and youth workers with comprehensive educational material to help them understand and to put into practice the principles of engaging youth in **joyful and integrative uses of sports, further enhancing their training and education**.

The educational pack will have an **electronic form with hashtags**, recommended links, wiki functions for interactive collection of best practices, comments and blogging. **The Pack will be ready on 2026** [Read more](#)



### Partners

**Project's leading partner:** [INNOCAMP PL](#)

**Partners:**

[Turun ammattikorkeakoulu](#);

[Cister Sport de Alcobaça](#);

[Yalova Ortopedikler Spor Kulübü](#)

[Turun Toverit RY](#)

[Spordikoolituse ja -Teabe SA](#)

**Associated Partners:**

[Akademia Wychowania Fizycznego I](#)

[Sportu Im Jed PI](#)

[Lounais-suomen Liikunta Ja Urheilu Ry.](#)

[Suomen Olympiakomitea Ry.](#)

[Türkiye Bedensel Engelliler Spor](#)

[Federasyonu](#)

[Yalova University.](#)



Project: ERASMUS + Sport - 2023 EU-s: 101134472/JOY - 21/08/2023

Duration 36 month (January 2024-December 2026)t



[joyinsports.com](http://joyinsports.com)

[Click here](#) to unsubscribe.

smaily